

2024 Consumer Confidence Report (CCR) Annual Water Quality Report

Nemasket Health Care Center Middleborough, MA PWS ID# 4182015

We are pleased to present to you our Annual Drinking Water Quality Report, also known as the Consumer Confidence Report. This report, a requirement of the 1996 amendments to the Safe Drinking Water Act, is designed to inform you about the quality water and services we deliver to you every day. Our constant goal is to provide you with a safe and dependable supply of drinking water. We want you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to ensuring the quality of your water.

Water Source

Nemasket Health Care Center's water comes from two on-site bedrock wells, 325-feet deep and 403-feet deep. These wells combined can yield up to 56 gallons per minute. Water is pumped into a 17,000-gallon underground storage tank and into two 500-gallon hydropneumatic tanks which provide pressure to the water distribution system.

Our water system makes every effort to provide you with safe and pure drinking water. To improve the quality of the water delivered to you, we disinfect it with chlorine. All reservoirs and some ground water sources contain numerous microorganisms, some of which can cause people to be sick. To eliminate disease carrying organisms it is necessary to disinfect the water. Disinfection does not sterilize the water, but it does destroy harmful organisms. The Nemasket Health Care Center adds sodium hypochlorite as a disinfectant as well as an oxidation agent. The system consists of Ion Exchange filters using green sand filter media to remove iron (Fe) and manganese (Mn). Chlorine destroys organisms by penetrating cell walls and reacting with enzymes. Disinfection with chlorine has been proven effective at ensuring that water is free of harmful organisms and is safe to drink. The water quality of our system is constantly monitored by us and the MassDEP to determine if any future treatment may be required.

White Water, Inc. provides the Nemasket Health Care Center with contract operation services. The contract operation includes the services of a state certified operator who monitors the water system for compliance with all state and federal drinking water regulations. The operating contract also includes services such as making emergency repairs when needed, making recommendations for improving water quality and increasing system reliability.

We currently do not have any regularly scheduled meetings, however, if you have any questions about this report or concerning your water system, please contact Andrew Donnelly of WhiteWater, Inc. at 253B Worcester Road, Charlton, MA 01507 or at (888) 377-7678. We want our valued customers to be informed about their water system.

Source Water Assessment

A water assessment of Nemasket Health Care Center was completed by the Department of Public Health Drinking Water Section. The updated assessment report can be found on the Department of Public Health's website at: <u>https://portal.ct.gov/DPH/Drinking-Water/DWS/Source-Water-Assessment-Program-</u>



<u>SWAP-Reports</u>. The assessment found that this public drinking water source has a <u>moderate</u> susceptibility to potential sources of contamination.

Additional source water assessment information can be found at the Environmental Protection Agency's website: <u>https://www.epa.gov/sourcewaterprotection/source-water-assessments</u>.

Source Water Protection

Source water is untreated water from streams, rivers, lakes, or underground aquifers that is used to supply public drinking water. Preventing drinking water contamination at the source makes good public health, economic, and environmental sense. You can be aware of the challenges of keeping drinking water safe and take an active role in protecting drinking water. There are lots of ways that you can get involved in drinking water protection activities to prevent the contamination of the ground water source: dispose properly of household chemicals, help clean up the watershed that is the source of your community's water, attend public meetings to ensure that the community's need for safe drinking water is considered in making decisions about land use, etc. Contact our office for more information on source water protection or contact the Environmental Protection Agency (EPA) at 1.800.426.4791. You may also find information on EPA's website at https://www.epa.gov/sourcewaterprotection.

Water Quality

Nemasket Health Care Center routinely monitors for contaminants in your drinking water according to Federal and State laws. The following table shows any detection resulting from our monitoring for the period of January 1 to December 31, 2024. It is important to remember that the presence of these contaminants does not necessarily pose a health risk.

The sources of drinking water include rivers, lakes, ponds, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and radioactive material and can pick up substances resulting from human or animal activity. All sources of drinking water are subject to potential contamination by substances that are naturally occurring, or manmade. Contaminants that may be present in source water include:

- **Microbial contaminants**, such as viruses and bacteria, may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.
- Inorganic contaminants, such as salts and metals, can be naturally occurring or result from urban storm water runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.
- **Pesticides and herbicides** may come from a variety of sources such as agriculture, urban storm water runoff, and residential uses.
- **Organic chemical contaminants**, including synthetic and volatile organic chemicals, are byproducts of industrial processes and petroleum production, and can also come from gas stations, urban storm water runoff, and septic systems.
- **Radioactive contaminants** can be naturally occurring or be the result of oil and gas production and mining activities.

To ensure that tap water is safe to drink, U.S. Environmental Protection Agency (EPA) prescribes regulations which limit the number of certain contaminants in water provided by public water systems.



U.S. Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

The table below lists all the drinking water contaminants that were detected throughout water quality monitoring and testing. The presence of contaminants in the water does not necessarily indicate that the water poses a health risk.

			est Results				
Unless otherwise note			oted, testing was d on of each contamir			ed has been reported	
Contaminant	Violation (Y/N)	Level Detected	Unit Measurement	MCLG	MCL	Likely Source of Contamination	
		Microbiol	ogical Contamin	ants			
Total Coliform Bacteria	N	0	highest number of positive samples (monthly)	Absent	0 positive	Naturally present in the environment.	
		Inorga	nic Contaminant	ts			
Barium (7/18/2023)	N	0.007	mg/L	2	2	Erosion of natural deposits.	
Nitrate (7/23/2024)	N	ND	mg/L	10	10	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits.	
Perchlorate (7/23/2024)	N	0.027	ug/L	-	2	Rocket propellants, fireworks, munitions, flares, blasting agents	
Sodium (7/18/2023)	N	7	mg/L	20	-	Erosion of natural deposits, urban storm runoff.	
	Contami	nants inclu	ding Pesticides	& Herbi	cides		
Synthetic Organic Compounds (SOCs) (4/3/2024)	N	ND	ug/L			Herbicides, pesticides, and other chemicals that come from	
Organic Chemicals (VOCs) (7/23/2024)	Ν	See results listed below; all others not listed resulted non- detect.	ug/L			agriculture, urban storm water runoff, or industrial, including synthetic and volatile organic chemicals, are by-products of industrial processes and petroleum production, and can	



						also come from gas stations, urban storm water runoff, and septic systems.
Bromodichloro- methane (7/23/2024)	Ν	1.1	ug/L	-	-	Parameter included in Organic Chemicals (VOCs).
Chlorodibromomethane (7/23/2024)	N	1.0	ug/L	-	-	Parameter included in Organic Chemicals (VOCs).
Chloroform (7/23/2024)	Ν	0.8	ug/L	70	-	Parameter included in Organic Chemicals (VOCs).
		Radioad	tive Contamin	ants		
Radium 226 & 228 (combined values) (1/3/2024)	Ν	1.20	pci/L	0	5	Erosion of natural deposits.
Gross Alpha (2/22/2021)	Ν	1.4	pci/L	0	15	Erosion of natural deposits.
		Disinfe	ection Byprodu	icts		
Total Haloacetic Acids (HAA5) (8/14/2024)	Ν	0.53	ug/L	0	60	A byproduct of drinking water chlorination.
Total Trihalomethanes (TTHMs) (8/14/2024)	Ν	3.9	ug/L	0	80	A byproduct of drinking water chlorination.

		Un	regulated C	ontamina	ints	
Contaminant	Violation (Y/N)	Level Detected	Unit Measure ment	MCLG	MCL	Likely Source of Contamination
PFAS6 (4/3/2024) Per- and polyfluoroalkyl substances are a large, complex group of synthetic chemicals used in various consumer products.	N	ND	ppt	-	20	Discharges and emissions from industrial and manufacturing sources associated with the production or use of these PFAS, including production of moisture and oil-resistant coatings on fabrics and other materials. Additional sources include the use and disposal of products containing these PFAS, such as fire-fighting foams. corrosion of household plumbing systems.



Health Effects for PFAS: Some people who drink water containing these PFAS in excess of the MCL may experience certain adverse effects. These could include effects on the liver, blood, immune system, thyroid, and fetal development. These PFAS may also elevate the risk of certain cancers.

			Lead	& Copper – Last	sampled ir	า 2023	
Contaminant	Violation (Y/N)	Level Detected	Range	Unit Measurement	MCLG	AL	Likely Source of Contamination
Lead – 90 th Percentile	N	1	ND-2	ppb	0	15	Corrosion of household plumbing systems.
Copper – 90 th Percentile	N	0.060	0.020- 0.063	mg/L	1.3	1.3	Corrosion of household plumbing systems.
				action level: 0 er action level: 0			

*Note: the state allows us to monitor for some contaminants less than once a year because the concentrations of these contaminants do not change frequently. Not all contaminants are tested for every year due to monitoring waivers and therefore we use the most recent round of sampling. Some of the data presented is more than one year old, however, is limited to no older than five years.

Units of Measurement:

Parts per million (ppm) or Milligrams per liter (mg/L)	A measurement that corresponds to one minute in two years, or a single penny in \$10,000.
Parts per billion (ppb) or Micrograms per liter (µg/L)	A measurement that corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.
Picocuries per liter (pCi/L) or	Measurements of radioactivity in water.
Micrograms per liter (µg/L)	
Millirems per year	A measurement of radiation absorbed by the water.
(mrem/year)	
Nephelometric Turbidity Unit	A measurement of the clarify of water; turbidity more than 5 NTU is
(NTU)	just noticeable to the average person.
Million fibers per liter (MFL)	A measurement of the presence of asbestos fibers that are longer than
	10 micrometers.

Definitions:

Action Level (AL)	the concentration of contaminant which, if exceeded, triggers
	treatment or other requirements which a water system must follow.



Treatment Technique (TT)	a required process intended to reduce the level of a contaminant in
	drinking water.
Massachusetts Office of	This is the concentration of a chemical in drinking water, at or below
Research and Standards	which, adverse, non-cancer health effects are likely to occur after
Guideline (ORSG)	chronic (lifetime) exposure. If exceeded, it serves as an indicator of
	the potential need for further action.
Maximum Contaminant Level	the highest level of a contaminant that is allowed in drinking water;
(MCL)	MCLs are set as close to the MCLGs as feasible using the best
	available treatment technology.
Maximum Contaminant Level	the level of a contaminant in drinking water below which there is no
Goal (MCLG)	known or expected risk to health; MCLGs allow for a margin of safety.
Maximum Residual	the highest level of a disinfectant allowed in drinking water; there is
Disinfectant Level (MRDL)	convincing evidence that addition of disinfectant is necessary for
	control of microbial contaminants.
Maximum Residual	the level of drinking water disinfectant below which there is no known
Disinfectant Level Goal	or expected risk to health; MRDLGs to do reflect the benefits of the
(MRDLG)	use of disinfectants to control microbial contaminants.
Running Annual Average	the average of all monthly or quarterly samples for the last year at all
(RAA)	sample locations.
Non-Detect (ND)	the specified contaminant was not detected.
Level 1 Assessment	a study of the water system to identify potential problems and
	determine (if possible) why total coliform bacteria has been found in
	the water system.
Level 2 Assessment	a very detailed study of the water system to identify potential problems
	and determine (if possible) why an E. Coli MCL violation has occurred
	and/or why total coliform bacteria has been found in the water system
	on multiple occasions.

IMPORTANT INFORMATION

Lead & Copper:	Samples are generally collected, and action levels measured at the consumer's tap. 90% of the tests for a given system must be equal to or below the action level; therefore, a section of the results above has been calculated and are listed as the 90 th percentile.
Lead:	Major sources in drinking water: corrosion of household plumbing systems; erosion of natural deposits.
	Health effects statement: Infants and children who drink water containing lead more than the action level could experience delays in their physical or mental development. Children could show slight deficits in attention span and learning abilities. Adults who drink water containing lead more than the action level over many years could develop kidney problems or high blood pressure.
Copper:	Major sources in drinking water: corrosion of household plumbing systems; erosion of natural deposits.
	Health effects statement: Copper is an essential nutrient, but some people who drink water containing copper in excess of the action level over a relatively short amount of time could experience gastrointestinal distress. Some people who drink water containing copper more than the action level over many years could,



	suffer liver or kidney damage. People with Wilson's Disease should consult their doctor.
Arsenic:	The United States Environmental Protection Agency (US EPA) adopted the new
	MCL standard of 10ppb in October 2001. Water systems were required to meet this new standard by January 1 2006.
Total Coliform:	Reported as the highest monthly number of positive samples for water systems that take less than 40 samples per month. Coliforms are bacteria which are naturally present in the environment and are used as an indicator that other, potentially harmful bacteria, may be present.
Turbidity:	Turbidity has no health effects, however, can interfere with disinfection and provide a medium for microbial growth. Turbidity may indicate the presence of disease-causing organisms, that can include bacteria, viruses, and parasites that can cause symptoms such as nausea, cramps, diarrhea, and associated headaches.

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As you can see by the table, our system had no violations. We are proud that your drinking water meets all Federal and State requirements. The EPA has determined that your water IS SAFE at these levels.

All drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 1 (800) 426-4791.

For most people, the health benefits of drinking plenty of water outweigh any possible health risk from these contaminants. However, some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/Center of Disease Control (CDC) guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline at 1 (800) 426-4791.

Lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Nemasket Health Care Center is responsible for providing high quality drinking water and removing lead pipes, but cannot control the variety of materials used in plumbing components in your home. You share the responsibility for protecting yourself and your family from the lead in your home plumbing. You can take responsibility by identifying and removing lead materials within your home plumbing and taking steps to reduce your family's risk. Before drinking tap water, flush your pipes for several minutes by running your tap, taking a shower, doing laundry or a load of dishes. You can also use a filter certified by an American National Standards Institute accredited certifier to reduce lead in drinking water. If you are concerned about lead in your water and wish to have your water tested, contact WhiteWater at 888-377-7678. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available at http://www.epa.gov/safewater/lead.



LEAD SERVICE LINE INVENTORY (SLI)

In October 2024 MassDEP approved our request to release a statement that our system has no service lines of Lead, Galvanized Requiring Replacement (GRR) or unknown materials. For information on all service lines in our water system, contact WhiteWater at 888-377-7678.

CROSS CONNECTION CONTROL & PREVENTION

What is a cross connection?

A cross connection occurs whenever a potable drinking water line is directly or indirectly linked to a piece of equipment or piping containing non-potable water.

Why should I be concerned about cross connections?

An unprotected or inadequately protected cross connection in your home or work place could contaminate the drinking water not only in your building, but in neighboring businesses and homes. Severe illnesses– even death– have been caused by cross connection contamination events that could have been prevented. Unprotected and inadequately protected cross connections have been known to cause outbreaks of hepatitis A, gastroenteritis, Legionnaire's disease, chemical poisoning, body lesions (from exposure through showering), damage to plumbing fixtures and explosions.

How can a cross connection contamination occur?

Non-potable water or chemicals used in equipment or a plumbing system can end up in the drinking waterline as a result of backpressure or backsiphonage. Backpressure occurs when the pressure in the equipment such as a boiler or air conditioning unit is greater than the pressure in the drinking water line. Backsiphonage occurs when the pressure in the drinking water line drops due to fairly routine occurrences such as water main breaks, nearby fires, unusually heavy water demand. Contaminants are then sucked out and into the drinking water line.

What can I do to make sure my water supply is protected from cross connections?

 \cdot Contact your local water supplier to find out what he/she is doing to prevent cross connection contamination incidents.

- · Survey your home to make sure you are not unknowingly creating a cross connection
- · Do not attach any pesticide, chemical, or any other non-potable liquid applicators to your water line

 \cdot Install hose bibb vacuum breakers (HBVB) on all outside faucets. The HBVB isolates garden hose applications, protecting your drinking water supply from contaminants that could be drawn into your home through the hose.